

Save a Life !

Be Prepared!

All courses Instructed by Fire Department Personnel

Class held at Wildomar City Hall

23873 Clinton Keith Rd

FIRST AID

WEDNESDAY, NOVEMBER 2, 2011 6:30pm-9:30pm

The course provides the needed skills to effectively assess a medical condition and maintain life during the critical moments immediately following an emergency and until the arrival of emergency medical services personnel. A video-based instruction format enables students to experience case-based scenarios in a realistic setting. Instructors introduce a topic, followed by a video segment that presents cases for discussion or demonstrates a particular skill. Students then practice the skill in small groups.

Students will learn about and the treatment for:

- Breathing problems
- Chest pain and heart attack
- Fainting

Students will be expected to perform all skills taught in the class. Upon successful completion of the course, students will be issued a certification card.

CPR/AED

THURSDAY, NOVEMBER 3, 2011, 6:30pm-9:30pm

This course teaches Cardiopulmonary Resuscitation (CPR), the use of an Automated External Defibrillator (AED), and relief of Foreign Body Airway Obstruction (FBAO) for adult, child, and infant victims.

After completion of this course, students will be able to:

- Describe the links in the American Heart Association's "Chain of Survival"
- Describe the steps of CPR for Adults, Children, and Infants
- Describe the safe and accurate use of an AED
- Students will be able to demonstrate the following skills using manikins:
- Rescue breathing using mouth-to-mouth ventilation and mouth-to-barrier device ventilation
- One-rescuer CPR for Adults, Children, and Infants

COST OF COURSE

City Residents	\$40
Non-Residents	\$45
Wildomar CERT members	\$25
Combined First Aid/CPR registration save	\$10

For more information or to register,

Contact Paula Willette

pwillette@cityofwildomar.org or 951.677.7751 ext. 206

*Class size is limited please
register early!*

