

# First Aid & CPR/AED Certification

All courses Instructed by Fire Department Personnel

Class held at Wildomar City Hall

23873 Clinton Keith Rd

## 2012 FIRST AID CLASSES

Time: 6:00pm-9:00pm

WEDNESDAY: January 25, April 25, July 25, & October 24

COST: \$40 City Resident, \$45 Nonresident, \$25 Wildomar CERT & LEUSD Employees

The course provides the needed skills to effectively assess a medical condition and maintain life during the critical moments immediately following an emergency and until the arrival of emergency medical services personnel. A video-based instruction format enables students to experience case-based scenarios in a realistic setting. Instructors introduce a topic, followed by a video segment that presents cases for discussion or demonstrates a particular skill. Students then practice the skill in small groups for treatment of:

- Chest pain and heart attack
- Breathing problems
- Fainting

Students will be expected to perform all skills taught in the class. Upon successful completion of the course, students will be issued a certification card.

## CPR/AED CLASSES

Time: 6:00pm-9:00pm

WEDNESDAY: January 26, April 26, July 26, & October 25

COST: \$40 City Resident, \$45 Nonresident, \$25 Wildomar CERT & LEUSD Employees

This course teaches Cardiopulmonary Resuscitation (CPR), the use of an Automated External Defibrillator (AED), and relief of Foreign Body Airway Obstruction (FBAO) for adult, child, and infant victims.

After completion of this course, students will be able to:

- Describe the links in the American Heart Association's "Chain of Survival"
- Describe the steps of CPR for Adults, Children, and Infants
- Describe the safe and accurate use of an AED
- Students will be able to demonstrate the following skills using manikins:
- Rescue breathing using mouth-to-mouth ventilation and mouth-to-barrier device ventilation
- One-rescuer CPR for Adults, Children, and Infants

For additional information or to register,

Contact Paula Willette

[pwillette@cityofwildomar.org](mailto:pwillette@cityofwildomar.org) or 951.677.7751 ext. 206

*Class size is limited please  
register early!*

